

**OUR LADY OF THE HOLY ROSARY CATHOLIC CHAPLAINCY
KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY**

Telephone: 0596036520

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DATE: 9TH JULY, 2023



UNIVERSITY POST OFFICE

KUMASI, GHANA

MASS SCHEDULE

MONDAY - 10/07/23 - 6:30PM

Gen. 28:10-22a / Ps. 91:1-4, 14-15 / Matt. 9:18-26

TUESDAY - 11/07/23 6:30AM & 6:30PM

Gen. 32:23-33 / Ps. 17:1-3, 6-8, 15 / Matt. 9:32-38 (Benedict)

WEDNESDAY - 12/07/23 6:30AM

Gen. 41:55-57; 42:5-7a, 17-24a / Ps. 33:2-3, 10-11, 18-19 / Matt. 10:1-7

THURSDAY - 13/07/23 - 7:00PM

Gen. 44:18-21, 23b-29; 45:1-5 / Ps. 105:16-21 / Matt. 10:7-15 (Henry)

FRIDAY 14/07/23 - 6:30AM

Gen. 46:1-7, 28-30 / Ps. 37:3-4, 18-19, 27-27, 39-40 / Matt. 10:16-23 (Camillus de Lellis)

SATURDAY - 15/07/23 - 7:00AM

Gen. 49:29-32; 50:15-26a / Ps. 105:1-4, 6-7 / Matt. 10:24-33 (Bonaventure)

NEXT SUNDAY JULY 16, 2023 - 13TH SUNDAY IN ORDINARY TIME (CYCLE A)

7:00PM - VIGIL MASS

6.30AM - 1ST MASS

8.00AM - 2ND MASS

10.00AM - 3RD MASS

PLEASE ALL PARISHIONERS SHOULD TAKE NOTE

1ST READING - ISA. 55:10-11

RES. PSALM - PS. 65:10-14

2ND READING - ROM. 8:18-23

GOSPEL - MATT. 13:1-23

Imitate Christ's Humility and Gentleness, You Will Find Rest

Dear people of God, we celebrate the Fourteenth Sunday in Ordinary Time, Year (A). The Liturgical readings invite us to reflect and to be imitators of Christ, the meek and humble of heart. Our Lord has every claim to the title and majesty of kingship, yet He comes to us in humility and gentleness. He, from the bosom of the Father, came to bring peace to all people. We are thus called to live in His Spirit, to be gracious, merciful, and compassionate to all those we encounter.

Jesus, the only Son who is in the bosom of the Father, invites each one of us to come to Him and He will give us rest. Like the infants of God, we should depend on Him. To have someone to depend on and run to is very assuring, consoling, and encouraging for us in these times. In a unique way, the prophet Zechariah, in our first reading, projects the outstanding qualities of Jesus, the Messiah who is to come into the world as a just, humble, and victorious king. Though he envisions a triumphant arrival of the messianic king, he portrays him as meek and humble (riding on a donkey) rather than as an aggressive warlord. Touched by the burden of the people, the Messiah King will share in it in order to save them. One primary task of the Messiah is to do away with conflict by banishing the weapons of war; ushering in a new era of peace, justice, and reconciliation among his people. All these he does in a gentle manner setting an example for the people of God.

St Paul, in the second reading, describes who we are in Christ. As Christians, we are "in the Spirit" because of the indwelling of God's Spirit. The import of who we are is that we must "live according to the Spirit" and not "according to the flesh". Paul's thought moves from "is" to "ought", from "indicative" to "imperative". In contrasting "living according to the Spirit" and "living according to the flesh", the latter is seen as a whole sphere of existence without God. The "flesh" should not be understood narrowly as a reference to human sexuality, although unruly, earthly desires do manifest themselves in the sexual realm as a prime example of those who live according to the flesh. For Paul, the antithesis between "spirit" and "flesh" is between two entirely different ways of living: the one "in Christ", the other under the law of sin and death. As Christians, we can credibly live according to the Spirit because we are in Christ, and possess the indwelling Spirit of Christ received at Baptism. Life in Christ and in the Spirit elevates all believers above the trappings of the flesh and the allurements of the world. Living in Christ, therefore, comes with a new life, new hope, and new freedom in the Spirit. To live in Christ is to be gentle and humble of heart, to have confidence and trust in God.

This explains why in the Gospel reading Jesus gives thanks to God the Father for revealing the mysteries of the Kingdom to Him and the lowly of heart. His mission was not always well received. Many, if not most, people of His time never believed Him to be the Messiah because He did not fit into their expectations and ideas of what/who a Messiah should be. This was especially true of the learned, clever, and proud, who miss this opportunity for the lack of right disposition. However, those with an open mind, heart, and spirit, the little ones of God, were able to

recognize that God was working in and through Him. These are the ones who accepted Christ's message. Such people are praised in the Gospel. They are ready and willing to learn from Jesus, the meek and humble one. Yet, in our world today, the attitudes of the meek and humble are not popular. Our world pushes us to be "fighters", to compete, to be ambitious, and to try to be first. Competition, especially the unhealthy ones, makes us aggressive and restless. Jesus says of Himself that He is humble and meek. He belongs to those who in the Bible are called the "poor" of Yahweh. The "poor" do not necessarily suffer material poverty: they acknowledge that they owe everything to God and depend totally on him.

Jesus invites us to come to Him, to learn from Him how to do things in a Spirit of love and gentleness. He equally wants us to have a gentle disposition so that we can all benefit from the intimate union He enjoys with the Father. He wants to give us rest by sharing in and lightening our burdens, challenges, and difficulties. We live in a world where people are becoming, if not already, weary in their souls. There is so much stimulation, artificial excitement, and varying opinions on issues that the mind becomes numb and saturated. The processing of so much information equally exhausts us. Many too are the burdens we bear: those caused by sickness/illness, fears, worries, and anxieties that lead to sleepless nights. Others are also caused by fellow humans like unfaithful partners, single parenting, betrayals from relatives, friends, and partners, and difficult bosses or subordinates. We are the people that Christ invites to come to Him. For we who labour and are heavy-laden, who find life weary and burdensome, Jesus is ready to share in our burden and to give us rest. What an invitation! Christ can soothe our spiritual and physical weariness. We should approach Him in a meek and humble heart in prayers, adoration, meditation, time before the Blessed Sacrament, or in a quiet time with the Lord. He will grant us the rest, refreshment, and peace we deserve in our trying times.

Dear Students, those who live in Christ, live according to the Spirit. Such people are meek, humble, and as God's children draw strength from Christ's grace. Christ bid us to come to Him and He will give us rest. He will carry our burdens upon Himself. We need to approach Him in humility: only a humble heart can accept His invitation and be His true followers. The proud miss this opportunity for they lack the right disposition. Never miss any opportunity to imitate Christ in humility and gentleness. It pays to be humble! Congratulations on a successful Mid-Semester examination. Fear not, victory is assured! May God bless, protect, and keep us safe throughout the rest of the Semester. Get involved in the activities to climax our 65th Anniversary. Pax!

Please be reminded to stay well, healthy, and safe. Be not afraid to attend Mass. Remember to observe all the safety protocols. Get vaccinated if you are not. Your life is dear to us.

Have a Fruitful and Blessed Week!

God bless and keep you safe.

PASTORAL TEAM

Chaplain: Rev. Fr. Dr. Anthony F. Naah - 0249999616
Assisting Priests: Rev. Fr. Dr. Victor Quagraine - 0207024221
Rev. Fr. Timothy Baghrwin SJ - 0277154777
Rev. Fr. Richard Antwi Boasiako - 0501154065
CHAPLAINCY MOMO PAY: 097655
CHAPLAINCY WEBSITE: www.knustcatholic.org

READINGS FOR THE DAY

1st Reading: Zec. 9:9-10

2nd Reading: Rom. 8:9, 11-13

Gospel: Matt. 11:25-30



General Notices

Sacrament of Reconciliation:

There is Confession every Saturday at 6:00pm. All safety Protocols will be observed.

Marriage Counselling Registration:

Parishioners who wish to solemnize their marriages are being informed of an upcoming marriage counselling session for couples. Interested couples are to register at the Chaplaincy Office.

Aged/Homebound/Infirmed Parishioners:

We are appealing to parishioners to furnish the Chaplaincy Office with the names and house addresses of sick, aged, homebound, and infirmed parishioners to enable our Catechists and Eucharistic Ministers visit and give them Communion.

Chaplaincy News Bulletin:

Please, sign up to receive News Bulletin from the Chaplaincy. You can do so at the Covid-19 Registration

Desk after Mass or send a WhatsApp message to this number: 0596036520.

NB: You need to save the number to receive messages from the number on WhatsApp.

Dues (Membership) Cards and Registration:

All parishioners who do not have themselves Dues Cards and all those who have not registered should see the Catechists after Mass to help you or come to the Chaplaincy Office to do so. Please take note.

Chaplaincy Momo Pay:

The Chaplaincy has acquired a Merchant Sim. Parishioners are advised to make payments of Harvest Levy, Chapel Fund Contributions, etc. through the Merchant ID: 097655 to enjoy less charge.

Collection of Baptismal Cards:

The Chaplaincy Office wishes to remind parishioners (Parents and Guardians) who have their children and wards Baptismal Cards at the office to

please come and pick them.

Security Consciousness: Parishioners are being informed to be security conscious when we come to church. Groups/Societies should try to educate their members to be alert but not to create any fear in them. We encourage all parishioners to alert the Ushers of any unwanted behaviour. *“Say something when you see something”*

Chaplaincy Cloth on Sale: The Chaplaincy Office has a large quantity of the Chaplaincy Cloth on sale. Please, visit the Chaplaincy Office for yours.

Use of Washrooms: We entreat parishioners; both children and adults, to put the washrooms to order and clean after use in order not to inconvenience the next user.

FUN FACT

Currently, the oldest bishop in Ghana is Archbishop Peter Kwasi Sarpong, Archbishop Emeritus of Kumasi. He is 90. The youngest is Archbishop Henryk Mieczysław Jagodziński, Apostolic Nuncio to Ghana. He is 54.

Committees, Groups & Societies

Representatives to 2023 Harvest Committee:

We are calling on all groups and societies to nominate their representatives to the 2023 Harvest Committee.

Charismatic Renewal (Local):

1. Members are being reminded that today Sunday July 9, 2023, there will be Prayer Meeting at the Chaplaincy here at the usual meeting place. Members are encouraged to be present and on time.

2. Life in the Spirit Seminar (L.S.S.):

Groups and Societies who would like to organise Life in the Spirit Seminar (LSS) for her members should kindly contact P.E.T./ Mr. Isaac Dwirah Jnr. on 0244090802.

Twi Catechism: It is announced to parishioners that Twi Catechism for all the Sacraments – Baptism, 1st Communion and Confirmation for year 2023 is on Tuesdays and Wednesdays i.e., from February 7,

2023 at the Chaplaincy. Time: 5.00pm to 6.00pm. Interested parishioners should please take note and register before it is too late.

Catholic Women Association (CWA):

The Catholic Women Association is inviting new members to join them. Interested parishioners are to meet with the President after Mass.

Health Committee:

The Chaplaincy Health Committee informs parishioners of its existence and also entreat us to channel our health needs and concerns to the Committee through the contact number 0241133879 (WhatsApp Number) for consideration. These needs and concerns may help the Committee to plan its programme of activities for the year and subsequent years.

Chaplaincy Public Relations Committee:

The Chaplaincy Public Relations Committee would like to inform parishioners that we are live

on social media. Find and connect with us on Facebook, Twitter, Instagram, LinkedIn and YouTube. You can also send us a mail on knustcatholic-chaplaincy@gmail.com.

Sacred Heart of Jesus and Rosary Confraternity:

1. Parishioners who wish to join the Confraternity are warmly welcome so that we all pray together.

2. The Executives and members of the Sacred Heart of Jesus Confraternity welcome all members of the Students Wing of the Confraternity back to school. Fresh students of Pax are invited to join the Confraternity.

Legion of Mary: The Legion of Mary, Twi and English Praesidia, Virgin Most Powerful and Our Lady of Holy Rosary meet this and every Wednesday and Thursday at 5.30pm respectively. New and old members are warmly welcome.

Marriage Banns



Mr. Francis Oti Antwi, son of Mr. Patrick Sarbeng and Mrs. Emelia Ado Sarbeng, born in Kumasi, used to reside at Oforikrom, Kumasi now residing in Vernon Rockville – USA and **Ms. Jeradine Antwi**, daughter of Mr. Eugene Akwasi Amonoo and Mad. Felicia Gyempeh, born in Kumasi, used to reside at Ayigya, Kumasi, now residing at Danyame, Kumasi. (2nd Announcement)

Youth Corner

Youth Mass comes off this and every **Thursday at 7pm.**

All Chaplaincy youth should endeavour to attend.

Pax Corner

1. Students' Catechism: Students Catechism is on-going on Saturdays at the Committee Room 7 at Dr. R.P. Baffour Complex at exactly 4.00pm. Students who want to receive the Sacraments of Baptism, 1st Communion and Confirmation should be part of the Class.

2. Mass for Students: This and every Tuesday at 6:30pm.

3. The Executives and the Anniversary Committee warmly use this opportunity to inform and invite all parishioners to the climax of the 65th Anniversary of Pax Romana on Saturday July 15, 2023 at the Chaplaincy at 9.30am. All are encouraged to join in thanking God for the mercies shown to Pax Romana 65 years on. Supports are welcomed.

4. Sunday July 16, 2023 is the thanksgiving Mass which will start at 8.00am. All students are encouraged to patronise the 8.00am Mass.

5. Life in the Spirit Seminar (LSS): Life in the Spirit Seminar constitutes a means to lead people to a deeper Christian life in the power of the Holy Spirit, equipping them to become fully committed disciples of Christ to witness to others. It is in progress and all who have not participated in it before or have participated but would want to participate again should sign up by calling: Wisdom Sei on 0542105766 or Francis Adjei on 0501348537.

Funeral Invitation

Funeral Announcement: The Tengan family announce the death of their father Mr. Martin Luther Tengan, a parishioner and member of the Knights and Ladies of Marshall. The one-week celebration will be held on Saturday, 15th July 2023 at the KNUST Community Centre from 8:00am to 6:00pm. All parishioners are invited to mourn with the bereaved family.

Funeral Invitation: **1.** Mr. Santos Alizie, Mad. Martina Ziem, and Mad. Regina Alizie, who are parishioners and members of the Dagaaba Union and Dagaaba Christian Mothers' Association announce the death of their mother Mad. Leticia Sunday Alizie. The one-week observation of her death is today Sunday July 9, 2023 at Ayeduase, opposite the Dagaaba Chief's House. All parishioners are invited to mourn with the bereaved family.

Sincere Thanks

Rev. Fr. Anthony F. Naah, our Chaplain and his entire family are expressing their sincere thanks to various groups and societies and all parishioners for your support, presence and presents during the demise, burial and funeral of their beloved Mr. James Nauro Naah. May the good Lord richly bless you all.

Inspirational Quotes For Living: Are you down hearted, living to find your purpose and excited about life? Look no further. Grab your copy of Books on Quotes by Prof. Marian Asantewah Nkansah to add colour and flavour to your life. Copies are at the Sales Desk for GH¢30.00.

Admission – Catholic Technical Institute (CTI): The Catholic Technical Institute located at Buokrom Estate is admitting fresh students both full time and part time for the following NABPTEX Programme: (a) Air-Condition and Refrigeration (b) Architectural Designing Technology (c) Auto Body Works (d) Auto Mobile Engineering (e) Building Construction Technology (f) Carpentry & Joinery (g) Catering (h) Electronic Engineering Technology (i) Fashion & Design Technology (j) Mechanical Engineering Technology (k) Plumbing & Gas Technology and (l) Welding & Metal Fabrication. Call on these numbers for help: 0209342299/ 0322070702 / 0245024615 / 0244051857.

Job Opportunity: 1. Someone is looking for a lady between the ages of 19 and 25 to work with in Bread Baking Business. She will be given an accommodation and also teach her how to go about the bread making. She is also looking for a lady who knows how to fold bread as well as one to sell the bread and again looking for a male to help in removing the bread from the oven. The workplace is at Oduom. Interested parishioners should call 0546437159 or 0241294858 for help.

2. A woman between the ages of forty (40) and fifty-five (55) is wanted to take care of an old woman at Ayigya. Interested person should contact 0558522551 or 0208115349

3. A parishioner is looking for a female to work as a house help. Please interested persons should call 0242979358 for help.

Seeking for Job: A parishioner who has the qualification of a Professional Teacher is searching for a private/government school or even individuals to teach in and around Kotei. Interested persons/institutions can contact 0206744951 or 0595421091.

House for Rent: 1. A Two-Bedroom apartment with bath, toilet, and kitchen at Nahiniso, closer to Kotei is ready for renting. Interested person should call 0547402059.

2. A Chamber and Hall self-contain apartment is ready for rent at Kotei Deduako-Apemso. Please, call on these numbers for help: 0558330643 / 0205090161 / 0201144825

3. A one bedroom and a small room (boys' quarters) at Fumesua, near Noda Hotel is ready for renting. Interested person should call 0277712314 for help.

4. A 3-bedroom including a master bedroom is ready for accommodation at Apirade, near the Church of Pentecost. Interested persons should please call 0240428478 for help.

5. A 3-bedroom flat with a borehole water facility is available for rent at Appiadu. Interested persons should contact 0243049675

Rent Accommodation: 1. A parishioner is in need of a two-bedroom apartment around Maxima, Ayigya, Bomso, Ayeduase, Kotei, or Deduako. Please call on 0504741374 to help.

Fianke Renewable & Organics Ltd.: One of the safest ways to avoid the hospitals is by eating organic vegetables. Let's provide you, home vegetable gardens in containers with 10 to 12 different vegetable crops for your household. We will assist you to your first harvest for as long as you wish. Call us on 0559492181. Take your health at heart.

Vegetables on Sale: 100% Organic (no chemical) Vegetables are available at the Sisters of St. Louis Self-Reliant Project for the needy. Enjoy healthy vegetables and support the needy.

Venue – St. Louis Senior High School, behind the School Chapel. Contact 0244784394

Luxx Laundry Services: Luxx Laundry Services is equipped with modern machines such as washing machines and dryers that are efficient and provide excellent results. They offer their partners (Management, Staff and Students) the comfort of receiving their laundry the same day of collection, free pick-up and delivery service in and around KNUST. Location: Luxx Laundry Services is located at the Second Floor of the KNUST Jubilee Mall @ the Commercial Area and is open 24 hours. Contact them no: 0322067232 or 0501652923 for hassle-free laundry services. Absolute Quality every time.

A parishioner has some Pure Honey for sale. Contact: 0240776529.