

MASS SCHEDULE

• MONDAY

02/08/21– 6:30pm

Num. 11:4b-15 / Ps. 81:12-17 /
Matt. 14:13-21 (Eusebius of
Vercelli and Peter Julian Ey-
nard)

• TUESDAY

03/08/21– 6:30am/7:00pm

Num. 12:1-13 / Ps. 51:3-7, 12-
13 / Matt. 14:22-36

• WEDNESDAY

04/08/21– 6:30am

Num. 13:1-2, 25 – 14:1, 26-29,
34-35 / Ps. 106:6-7, 13-14, 21-
23 / Matt. 15:21-28 (John Mary
Vianney)

• THURSDAY

05/08/21– 7:00pm

Num. 20:1-13 / Ps. 95:1-2, 6-9 /
Matt. 16:13-23 (The Dedication
of the Basilica of St. Mary Ma-
jor in Rome)

• FRIDAY

06/08/21– 6:30am

Dan. 7:9-10, 13-14 / Ps. 97:1-2,
5-6, 9 / 2 Pt. 1:16-19 / Mk. 9:2-
10 (The Transfiguration of the
Lord)

• SATURDAY

07/08/21– 7:00pm

Deut. 6:4-13 / Ps. 18:2-4, 47,
51 / Matt. 17:14-20 (Sixtus II
and his Companions and
Cajetan)

• NEXT SUNDAY

1st Reading: 1 Kgs. 19:4-8

Res. Psalm: Ps. 34:2-9

2nd Reading: Eph. 4:30-5:2

Gospel: Jn. 6:41-51

ROMAN CATHOLIC CHAPLAINCY

KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY

Telephone: 0596036520

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Our Ref:



UNIVERSITY POST OFFICE

KUMASI, GHANA

WEST AFRICA

DATE: 1ST AUGUST, 2021

Jesus, The Bread of Life

“The Lord be with you”.

Dear People of God, we celebrate the Eighteenth Sunday in Ordinary Time, Year B. In the liturgical readings, we are told that the Lord provides heavenly food for the Israelites to eat while Jesus proclaims Himself to be the very bread of life. This mystery invites us to lay aside our way of life in order to be created anew in His image.

In the aftermath of the stunning miracle of the multiplication of the loaves and fish, the people are looking for more bread and more wonders from Jesus. Jesus tries to draw them to seek something deeper. He calls it “bread from heaven”, “living bread” and “the bread of eternal life”. The people seem to think that the Lord is speaking about an endless supply of bread like the manna that was given to the Israelites throughout their decades-long trek through the desert. To their astonishment, Jesus says that He Himself is that “living bread”, the “true bread from heaven” both in His teaching and in what we will come to know as His Eucharist. They are speaking about the body while Jesus is speaking about the soul.

We live in an era of massive and expensive preoccupation with body and physical appearance. It is critical to many today that they look stunning. For many of us it is more important to look good than to be good. Huge sums of money are spent on diets, bodybuilding, fitness centres, cosmetics and even plastic surgery. The condition of our soul should however be of more concern to us because our soul affects everything else about us, even our appearance. Spiritual health is about more than being stress-free. If we were to take an individual and satisfy all his or her material needs by providing an unlimited budget for food, shelter and clothing, dissatisfaction would soon surface because we have further needs that surface only after more basic ones are satisfied. We are materially insatiable. When every apparent need has been met, one realizes a need for God. It is only when we encounter Christ are we fully satisfied.

Nothing material can satisfy our inborn need for God. Our souls need an ecosystem of grace in which to grow. The soul needs God just as the body needs food. Without the True God, we seek gods in the people and things around us only to find that they are creatures like us and invariably disappoint. Thus, Jesus in the Gospel says, “I am the bread of life. Whoever comes to Me will never be hungry, and whoever believes in Me will never be thirsty”. We eat good and quality food to satisfy our physical hunger but the spirit within each one of us hungers for truth, righteousness, love, peace, holiness, for God. Our spirit yearns for a deeper union with God. It is a deep inner spiritual hunger which only the Bread that Jesus offers can satisfy. This bread is Holy Communion and intimacy with God. In the celebration of the Eucharist, Jesus gives us daily this spiritual bread for the soul not only in the Holy Communion, but also in His teaching through the Liturgy of the Word. We are blessed to share in the Bread of Angels (*Panis Angelicus*), which God offers to us. Our elders say, “The grasshopper which is always near its mother eats the best food”. Therefore, only those who enjoy Communion with God remain fully satisfied. St Paul admonishes us to “put away the old self” and “put on the new self” in order to enjoy Communion with God.

Beloved, Jesus has made Himself the Bread of Life to give us life. Night and day, He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration.

May Mary, Our Mother, accompany us in this Month of August. Do not forget your Rosary.

Please, remember to stay well, healthy and safe. Be not afraid to attend Mass. Wear your nose mask and observe all the safety protocols. Your life is dear to us.

God bless and keep you safe.

Have a Blessed and Fruitful Week.

Our Lady of the Holy Rosary, Pray for Us.

PASTORAL TEAM

Chaplain: Rev. Fr. Dr. Anothony F. Naah– 0249999616
Assisting Priests: Rev. Fr. Dr. Victor Quagraine-0207024221
Rev. Fr. Prince Owusu Sarpong– 0208290851
Rev. Fr. Timothy Baghrmwin-0277154777
CHAPLAINCY MOMO PAY: 097655
CHAPLAINCY WEBSITE: www.knustcatholic.org

READINGS FOR THE DAY

1st Reading: Ex. 16:2-4, 12-15
Res. Psalm: Ps. 78:3-4, 23-25, 54
2nd Reading: Eph. 4:17, 20-24
Gospel: Jn. 6:24-35



General Notices

Benediction: There will be Benediction today Sunday August 1, 2021 at the Chaplaincy at 7.00pm. All parishioners are encouraged to be present to pray.

Feast of Assumption of the Blessed Virgin Mary into Heaven: Sunday August 15 will be the Assumption of the Blessed Virgin Mary. All parishioners are encouraged to attend Mass with the Chaplaincy Cloth to grace the occasion. Those who do not have the cloth should please get theirs at the Chaplaincy Office before the time is due.

Serra Club: Serra Club is pleased to invite all parishioner to a Talk on *"Saints and their Canonization"* by Rev. Fr. Michael Boakye Yeboah today Sunday August 1, 2021 immediately after the 8.30am Mass. The venue is the R.P. Baffour Complex.

Parish Welfare Committee: There will be a meeting of the Parish Welfare Committee on Monday August 2, 2021 at the Chaplaincy at 5.00pm. All representatives of groups and societies are expected to be present at this all-important meeting and on time.

Sacrament of Reconciliation: There is Confession every Saturday at 6:00pm. All safety Protocols will be observed.

Chaplaincy News Bulletin: Please, sign up to receive News Bulletin from the Chaplaincy. You can do so at the Covid-19 Desk after Mass or send a WhatsApp message to 0596036520. **NB:** You need to save the number to receive messages from the number on WhatsApp.

Dues (Membership) Cards and Registration: All parishioners who haven't got themselves Dues Cards and all those who have not registered should see the Catechists after Mass to help you or come to the Chaplaincy Office to do so. Please take note.

Chaplaincy Cloth on Sale at a Reduced Price: We have a large quantity of the Chaplaincy's Cloth on sale at a reduced price which now goes for Six Ghana Cedis (GH6.00) per a yard.

Chaplaincy Momo Pay: The Chaplaincy has acquired a Merchant Sim. Parishioners are advised to make payments of Harvest Levy, Chapel Fund Contributions, etc. through the Merchant ID: 097655 to enjoy less charges.

Reverting to the old System of taking Collection: The Chaplaincy, has from Sunday June 6, 2021, reverted to the old system of taking collection within the Mass. Please all parishioners should take note.

Groups & Societies

Sunday School Classes: Parishioners (Parents/Guardians) are being informed that Sunday School Classes have resumed. However, only children from the Pre-Communion Class (age 7-9) to the Confirmation Class are admitted. Children in the Nursery Class are not starting now due to the Covid-19 Pandemic. Parents must ensure that their children wear their Nose Masks and come with water bottles, if possible. Please bear with us.

Twi Catechism – 1st Communion and Confirmation Classes: All parishioners who were attending 1st Communion and Confirmation Classes last year and had to stop due to the Covid-19 Pandemic

are all expected to resume classes this and every Tuesday at 5.00pm. Please take note.

Charismatic Renewal (Local): Members of the Local CCR are being informed of their usual meeting. Please take note.

Catholic Women Association (CWA): The Catholic Women Association is inviting new members to join them. Interested parishioners are to meet with the President after Mass.

Sacred Heart of Jesus and Rosary Confraternity: All members are informed that Church has resumed. Parishioners who wish to join the Confraternity are warmly welcome so that we all pray together.

Legion of Mary: The Legion of Mary Praesidium has resumed their meetings for both Twi and English on Wednesdays and Saturdays at 6:00pm and 5:00pm

respectively. Both new and old members are warmly welcome.

Christian Mothers' Association – Weekly Meeting: Members of the Christian Mothers' Association are to note that, they are resuming to their normal meeting every Thursday at the usual place and time. All members are encouraged to be punctual at meetings. New members are warmly welcome.

Sincere Thanks

1. The Praisydram Committee under the ITI-CCR, Pax Romana, KNUST Local wish to express their profound gratitude to the Chaplain, Parish Council and Parishioners for your unflinching support during their just ended Praisydram. They are appreciative for the financial support and prayers given them. God bless you.

2. Mr. Prosper Kotoka and family wish to express their sincere appreciation to the Chaplain, Parish Welfare Committee, St. Theresa of the Child Jesus, Knights and Ladies of St. John Int. and individual parishioners for your prayers, sympathy and



Marriage Banns



: 1. **Mr. Paul Kofi Apewosika Eshun**, son of Mr. Alex Eshun and Mrs. Veronica M. Eshun, born in Accra, used to reside at KNUST, Kumasi, now residing at Abelenkpe and **Ms. Grace Akorsu**, daughter of Mr. Quarshie Akorsu and Mad. Patricia Ayivi, born in Accra, used to reside at KNUST, Kumasi, now residing at Abeka. (3rd Announcement).



Holy Communion is the shortest and safest way to Heaven. There are others: innocence, but that is for little children; penance, but we are afraid of it; generous endurance of trials of life, but when they come we weep and ask to be. The surest, easiest, shortest way is the Eucharist.

(Pope Pius X)

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Pax Corner

- 1. Mass for Students:** There is Mass for Students every Tuesday at 6.30pm. Come and be blessed. Come with another person.
- 2. Exam Prayer Night Program:** The Exam Prayer Night Program comes off on Friday August 6, 2021 at the Chaplaincy at 7.00pm. All students are encouraged to attend.
- 3. RCIA (Rites of Christian Initiation for Adults):** There is will be Rites of Christian Initiation for Adults for Students (Pax Romana) on Tuesday August 3, 2021 at 7.00pm. please, take note.

Dr. R.P. Baffour Complex Hostel

Accommodation: The closing date for submission of the Hostel Accommodation Forms for 2021/2022 Academic Year is tomorrow Monday August 2, 2021. Thank you.

Funeral Announcement & Invitation

- We announce the funeral of Mr. Brunos Pelepele, a parishioner and member of the Dagaaba Union and also the husband of Mrs. Felicia Pelepele, also a parishioner as follows: he had since been buried. The final funeral rites will be held on Saturday August 7, 2021 at Emena Roman Catholic School Park from 1pm to 6pm, thanksgiving Mass on Sunday August 8, 2021 at the Chaplaincy at 10.30am, family gathering at the Emena Roman Catholic School Park from 1pm to 6pm. All parishioners are invited to mourn with the bereaved family. **(Mrs. Felicia Pelepele to be introduced).**
- We announce the funeral of Mr. William Betanyoung, a parishioner and father of Mr. Josephat Betanyoung, also a parishioner and member of the Knights and Ladies of Marshall as follows: laying in state on Saturday August

7, 2021 at his residence H/No. Plt. 20 Blk. N, Boamang Kyerekrom at 5.00am, burial Mass at St. Mary's Catholic Church, Boamang at 8.30am, burial at his hometown Nandom, final funeral rites at Boaman Kyerekrom D/A Primary School from 12noon to 6pm, thanksgiving Mass on Sunday August 8, 2021 at St. Mary's Catholic Church, Boamang at 8.00am, family gathering at his residence H/No. Plt. 20 Blk. N. Parishioners are invited to mourn with the bereaved family. **(Mr. Josephat Betanyoung to be introduced).**

3. We announce the death of Mad. Angela Diku, a parishioner and member of the Sacred Heart of Jesus and Rosary Confraternity. The one week will be observed next Sunday August 8, 2021 at Adriana Pito Bar, near Alhaji Sule – Ayigya from 2.00pm to 6.00pm. Parishioners are invited to mourn with the bereaved family.

4. Ms. Cecilia Aba Adoko, a parishioner and mem-

ber of the Catholic Women Association announces the funeral of her mother Mad. Mary Fyn as follows: wake-keeping on Friday August 6, 2021 at Kakumdo Nsona Paado, near Libo House, burial Mass on Saturday August 7, 2021 at St. Lawrence Catholic Church, Abura Cape Coast at 9am, final funeral follows, thanksgiving Mass on Sunday August 8, 2021 at St. Lawrence Catholic Church, Abura Cape Coast at 9am. All parishioners are invited to mourn with the bereaved family. **(Ms. Cecilia Aba Adoko to be introduced)**

5. Rev. Fr. Timothy Baghrmwin, SJ announces the funeral of his sister Mrs. Jacqueline Ben Kaburo as follows: burial Mass on Saturday August 7, 2021 at St. Catherine Catholic Church, Accra at 8am, burial at Osu Cemetery, funeral rites at the Church premises – Burma Camp, Accra, thanksgiving Mass on Sunday August 15, 2021 at STs Peter & Paul Catholic Church, behind West Hills Mall, Accra at 9am. Parishioners are invited to mourn with Rev. Fr. Timothy Baghrmwin and the family.

6. Rev. Fr. Dr. Victor Quagraine announces the death of his mother Obaapanyin Mary Eyiah at his hometown, Saltpond. The funeral arrangement will be made known later on. Please let us mourn with Rev. Fr. Dr. Victor Quagraine and his family.

Appeal For Fund In Aid For Maternity Block:

The Management and Staff of St. Vincent De Paul Clinic Drobonso is appealing and inviting all parishioners for your support in any form to provide a befitting Maternity Block for mothers and their babies. The Climax of the Jubilee Celebration is on the Saturday, 25th September, 2021. Donations can be done into the account details: Sr Helen Akparibo(0207469333)
Name: St. Vincent Clinic, Dobonso
Account No: 1111810006105771
Bank: Kumawuman Rural Bank Limited Branch: Drobonso
Nothing is too small to contribute, be it money or building materials.

Request for Support – Daughters of the Most Holy Trinity (FST):

The FST Sisters of the Catholic Archdiocese of Kumasi are requesting parishioners to support them with used (or new) clothing, food stuff, stationary, and / or funds to support their Rural Outreach to aid their tradition of reaching out regularly to rural communities. As we know 'the harvest is rich but the labourers are few' so we need more labourers to support them wholeheartedly to make a meaningful impact in the lives of needy people. Your support in this matter will be very much appreciated. For more enquiries, please, call on this number – 0244976656.

House Wiring, CCTV Camera & Solar

Installations etc.: Do you need a quality work done in the field of House Wiring, CCTV Camera and Solar installations? Please, contact 0246103830 for enquires.

Job Opportunity: 1. A parishioner is in need of Live-In Domestic staff, male and female. Interested persons should please call on the following numbers: 024427633 and 0203085867.

2. **Holy Family School** at Ahensan Estate, near the Ahensan Youth Centre and behind the Mc Kenzie Hospital is looking for Care Givers, Teachers and Cleaners. Interested persons should kindly leave their application letters at the school premises or the Chaplaincy Office and also call any of these numbers: 0208168643 / 0209488403.

3. Central University, Kumasi Campus:

There is a vacancy for a Security Personnel at the Central University, Kumasi Campus. Interested persons should please contact the Co-Ordinator on 0244662487.

4. Wings for Life Academy:

Wings for Life Academy, located at First Eye Avenue 32E, Kumasi, is looking for interested Psychology, Education, Social Work Students or Post National Service Personnel who are hardworking, passionate about children with special needs, responsible and intelligent, seeking to make extra income on their own to be provided with training from international Experts to help make a difference to children with the following disorders: Autism, Asperger, ADHA and Persuasive Developmental Disorder (PDD/PDD-NOS). Interested persons should please, sent their Application and CV to: wfla-ghana@gmail.com or call Ms. Philo on: 0240050758.

Rent Accommodation: 1. A parishioner needs a single room apartment around Bomso, Maxima, The Cabin and Sussanso. Please, call to help him/her on 0248588860.

2. A parishioner is in need of a single room accommodation to rent for occupation. Please, call and help him on: 0548991681 / 0553605278. Thank you.

3. A parishioner needs an accommodation around KNUST Campus – Emena, Apemso, Kotei, Boadi, Ayeduase, Kentinkrono, Ayigya, Maxima, Bomso, Susanso, Oduom, Gyinyase, etc. to rent. Please, call on 0545174080 to help.

Inspirational Quotes For Living:

Are you down hearted, living to find your purpose and excited about life? Look no further. Grab your copy of Books on Quotes by Prof. Marian Asantewah Nkansah to add colour and flavour to your life. Copies are at the Sales Desk for GH¢30.00.

Sale of Peanut Butter:

Thy Grace Natural Peanut Butter has in stock unadulterated butter (groundnuts paste) ideal for soup and bread-spread. For domestic and commercial (schools, restaurants, canteens, chop bars, food joints eateries) needs, contact the following for delivery:0244158635 / 0244077147