

MASS SCHEDULE

• MONDAY

09/08/21 – 6:30pm

Deut. 10:12-22/ Ps. 148:12-15,
19-20/ Matt. 17:22 – 27

• TUESDAY

10/08/21-6:30am/7:00pm

2 Cor. 9:6-10/ Ps. 112: 1-2, 5-
9/ Jn. 12: 24-26

• WEDNESDAY

11/08/21 – 6:30am

Deut. 34: 1-12/ Ps. 66: 1-3, 5,
8, 16-17 / Matt. 18: 15-20

• THURSDAY

12/08/21 – 7:00pm

Jos. 3: 7-10a, 11,13-17/ Ps.
114: 1-6 / Matt. 18: 21-19:1

• FRIDAY

13/08/21 – 6:30am

Jos. 24: 1-13 / Ps. 136: 1-3, 16-
18, 21-22, 24/ Matt. 19: 3-12

• SATURDAY

14/08/21 – 7:00am

Jos. 24: 14-29/ Ps. 15: 1-2, 5, 7
-8/ Matt. 19: 13-25

• NEXT SUNDAY

1st Reading – Rev. 11: 19a;
12:1-6a, 10ab
Res. Psalm – Ps. 45: 10-12, 16
2nd Reading – 1 Cor. 15: 20-27
Gospel – Lk. 1: 39-56

ROMAN CATHOLIC CHAPLAINCY

KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY

Telephone: 0596036520

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Our Ref:



UNIVERSITY POST OFFICE

KUMASI, GHANA

WEST AFRICA

DATE: 8TH AUGUST, 2021

The Eucharist, Nourishment for the Journey

“The Lord be with you”.

Dear People of God, we celebrate the Nineteenth Sunday in Ordinary Time, Year B. The Liturgical readings tell us that God feeds and sustains our life's journey with His goodness and providence. To strengthen us for the journey, Jesus gathers us, teaches us, and feeds with His Word and Eucharist so we can follow His way of love.

In our first reading, we read about the story of Elijah's journey into the desert where he is nourished on baked cakes and water provided by an angel of God. We find Elijah at the point of despair, judging his mission a failure, and asking for death as his only relief. However, the food provided by God's messenger nourished not only his body (enough to sustain him on a forty-day trek to Mount Horeb) but his spirit as well. His hopes were renewed, and his encounter with God at Horeb provided the impetus for a whole new chapter in his prophetic ministry. We too, like Elijah, are fed daily at the Eucharistic Celebration with spiritual food (Bread of Life, Living Bread), centre of the Catholic Faith.

From earliest times, believers gathered together to celebrate the Eucharist, the Paschal Banquet of the Lord as we do today. In general, the order of worship for the Mass has remained quite consistent since St. Justin Martyr wrote to the pagan emperor Antoninus Pius about the year 155, explaining what Christians did when they gathered. The Mass unfolds according to a basic structure handed down from those days. The structure is twofold. The first part is called the Liturgy of the Word and the second part is called the Liturgy of the Eucharist.

In the first part, the people of God gather and readings from Sacred Scripture are proclaimed. After the readings, a homily is offered, exhorting the Christ faithful to live according to the Word of God. There follows intercessory prayer or Prayer of the Faithful: for the Pope, the local Bishop, and for the needs of those within and without the community. In the second part, the faithful presents to the presiding priest their offerings in addition to gifts of Bread and Wine. After these are prepared on the Alter, the Eucharistic Prayer is offered with its various ritual actions. The Lord's Prayer is recited or sung as a prelude to sharing Communion. The presider then offers concluding prayers and dismisses the assembly with the exhortation to live the Good News, which all have just celebrated liturgically in Word and Eucharist. Throughout this work of community worship, in the sacramental Sacrifice of the Mass, the entire household of the faithful gives thanks for all of God's saving works among us and memorializes the saving action of Christ in a way that makes it present for us again today.

It is important to note that whenever the Eucharist is celebrated by a particular community, we Catholics believe that through the presence and power of Christ Himself that local Church is united with the Church Universal. Our Baptism incorporates us into the mystery of Christ and makes us members of His body, the Church. We dare to believe that the Eucharist strengthens and deepens our incorporation into the One Body. It is in this light that St Augustine once said: “If you are the body and members of Christ, then it is your sacrament that is placed on the table of the Lord; it is your sacrament that you receive. To that which you respond Amen ('yes, it is true!') and by responding to it you assent to it. For you hear the words 'the Body of Christ' and respond 'Amen'. Be then a member of the Body of Christ that your Amen may be true”. Hence, this Mystery of Faith requires attention, prayerful immersion, and the wholehearted giving of ourselves. In this way, what we offer to God in thanksgiving is given back to us. The Holy Spirit gives us this gift that we might be constantly transformed into that new person of Christ. This is why Vatican II calls for the “full, active and conscious participation” of all the faithful in the Liturgy.

Jesus is indeed the Bread of Life, Living Bread. At Mass He gathers us, teaches us, and feeds us. He satisfies our spiritual hunger, which is as real as our bodily hunger. Here we are fed with the very Body and Blood of Jesus Christ. Like Elijah, we all have a journey to make, and in Holy Communion the Lord gives us the strength and grace to deal with the particular problems of our life. In a world of spiritual malnutrition, we receive in the Holy Communion the Living Bread, Jesus Christ, Who satisfies all the hungers of human heart, gives strength for our journey, and becomes part of our life. In every culture, eating and drinking are expressions of unity, solidarity, harmonious relationship, fellowship and joy. Hence, to eat and drink of Christ's Body and Blood is to share His life, following in His way of love.

PASTORAL TEAM

Chaplain: Rev. Fr. Dr. Anothony F. Naah – 0249999616

Assisting Priests: Rev. Fr. Victor Quagraine-0207024221

Rev. Fr. Prince Owusu Sarpong – 0208290851

Rev. Fr. Timothy Baghrmwin-0277154777

CHAPLAINCY MOMO PAY: 097655

CHAPLAINCY WEBSITE: www.knustcatholic.org

READINGS FOR THE DAY

1st Reading: 1 Kgs. 19: 4-8

Res. Psalm: Ps. 33: 2-9

2nd Reading: Eph. 4: 30-5:2



General Notices

Sacrament of Reconciliation: There is Confession every Saturday at 6:00pm. All safety Protocols will be observed.

Chaplaincy News Bulletin: Please, sign up to receive News Bulletin from the Chaplaincy. You can do so at the Covid-19 Desk after Mass or send a WhatsApp message to 0596036520. **NB:** You need to save the number to receive messages from the number on WhatsApp.

Dues (Membership) Cards and Registration: All parishioners who haven't got themselves Dues Cards and all those who have not registered should see the Catechists after Mass to help you or come to the Chaplaincy Office to do so. Please take note.

Feast of Assumption of the Blessed Virgin Mary into Heaven: Next Sunday August 15 will be the Assumption of the Blessed Virgin Mary. All parishioners are encouraged to attend Mass with the Chaplaincy Cloth to grace the occasion. Those who do

not have the cloth should please, get theirs at the Chaplaincy Office before the time is due.

Chaplaincy Cloth on Sale at a Reduced Price: We have a large quantity of the Chaplaincy's Cloth on sale at a reduced price which now goes for Six Ghana Cedis (GH6.00) per a yard. Parishioners/Students who do not own a cloth or is worn out should please rush to the Chaplaincy office to purchase

Chaplaincy Momo Pay: The Chaplaincy has acquired a Merchant Sim. Parishioners are advised to make payments of Harvest Levy, Chapel Fund Contributions, etc. through the Merchant ID: 097655 to enjoy less charges.

The program of the Assumption at Buoho will be as follows:

Thursday August 12, 2021 – 7.00am - Devotional Prayers (Recitation of Rosary in groups) .

9.00am - Adoration of the Blessed Sacrament, then Talk on the theme: **"Son, be-**

hold Your Mother" (Jn. 19:27)

11.30am - Eucharistic Celebration

Friday August 13, 2021 – 7.00am - Devotional Prayers (Stations of the Cross and Confessions)

9.00am - Healing Service

11.30am-Eucharistic Celebration

7.00pm-Recitation of Rosary and Vigil Mass at Grotto

Saturday August 14, 2021 – 7.00am - Devotional Prayers (Recitation of Rosary in groups)

9.00am - Talk on the theme: **"The Motherhood of Mary, a model for Christians"**

11.00am-Procession with Marian Statue to Grotto top

12noon-Eucharistic Celebration

Sunday August 15, 2021 – 10.00am - Thanksgiving Mass & Fund Raising in aid of Grotto Projects.



Groups & Societies

Sunday School Classes: Parishioners (Parents/Guardians) are being informed that Sunday School Classes have resumed. However, only children from the Pre-Communion Class (age 7-9) to the Confirmation Class are admitted. Children in the Nursery Class are not starting now due to the Covid-19 Pandemic. Parents must ensure that their children wear their Nose Masks and come with water bottles, if possible. Please bear with us.

TwI Catechism – 1st Communion and Confirmation Classes: All parishioners who were attending 1st Communion

and Confirmation Classes last year and had to stop due to the Covid-19 Pandemic are all expected to resume classes this and every Tuesday at 5.00pm. Please take note.

Charismatic Renewal (Local): Members of the Local CCR are being informed of their usual meeting. Please take note.

Catholic Women Association (CWA): The Catholic Women Association is inviting new members to join them. Interested parishioners are to meet with the President after Mass.

Sacred Heart of Jesus and Rosary Confraternity: All members are informed that Church has resumed. Parishioners who wish to join the Confraternity are warmly welcome so that we all pray together.

Legion of Mary: The Legion of Mary Praesidium has resumed their meetings for both Twi and English on Wednesdays and Saturdays at 6:00pm and 5:00pm respectively. Both new and old members are warmly welcome.

Dagaaba Union: All Dagaaba Union members will meet next Sunday July 18, 2021 immediately after the 10.30am Mass. Please all members should take note.

Sincere Thanks

1. : Prof. & Mrs. Adu-Bredu and Family are expressing their sincere appreciation to the Chaplain, Assisting Priests, Catechists, Parish Council, Covid Team, Ushers, various groups and societies and individual parishioners for your prayer, presence and support

during their wedding anniversary. They ask for God's blessings for you.



Marriage Banns

Funeral Announcement & Invitation

Pax Corner

1. **Mass for Students:** There is Mass for Students every Tuesday at 6.30pm. Come and be blessed. Come with another person.

Request for Support – Daughters of the Most Holy Trinity (FST): The FST Sisters of the Catholic Archdiocese of Kumasi are requesting parishioners to support them with used (or new) clothing, food stuff, stationary, and / or funds to support their Rural Outreach to aid their tradition of reaching out regularly to rural communities. As we know 'the harvest is rich but the labourers are few' so we need more labourers to support them wholeheartedly to make a meaningful impact in the lives of needy people. Your support in this matter will be very much appreciated. For more enquiries, please, call on this number – 0244976656.

Good Shepherd R/C Preparatory School – Sale of Nursery Admission Forms: The Good Shepherd Roman Catholic Preparatory School at Ahinsan Estate will be selling Admission Forms for the Nursery Class for 2022 Academic Year on Saturday September 4, 2021 from 9.00am to 10.00am at the school premises. The Registration Form will be sold at GH¢20.00. Requirements needed are:

- The child must be 3 years old before January 2022
- Original Biometric Birth Certificate
- Baptism Certificate and letter from your Parish Priest (Catholic applicants only)
- One (1) Passport size photograph
- Registration fee of GH¢50.00 should be paid when selected.

Parents should please note that in the wake of the Covid-19, they should kindly be ready to subject themselves to safety protocols when coming to the school premises to buy the forms.

House Wiring, CCTV Camera & Solar Installations etc.: Do you need a quality work done in the field of House Wiring, CCTV Camera and Solar installations? Please, contact 0246103830 for enquires.

Inspirational Quotes For Living: Are you down hearted, living to find your purpose and excited about life? Look no further. Grab your copy of Books on Quotes by Prof. Marian Asantewah Nkansah to add colour and flavour to your life. Copies are at the Sales Desk for GH¢30.00.

Job Opportunity: 1. A parishioner is in need of Live-In Domestic staff, male and female. Interested persons should please call on the following numbers: 024427633 and 0203085867.

2. **Holy Family School** at Ahensan Estate, near the Ahensan Youth Centre and behind the Mc Kenzie Hospital is looking for Care Givers, Teachers and Cleaners. Interested persons should kindly leave their application letters at the school premises or the Chaplaincy Office and also call any of these numbers: 0208168643 / 0209488403

3. **Wings for Life Academy:** Wings for Life Academy, located at First Eye Avenue 32E, Kumasi, is looking for interested Psychology, Education, Social Work Students or Post National Service Personnel who are hardworking, passionate about children with special needs, responsible and intelligent, seeking to make extra income on their own to be provided with training from international Experts to help make a difference to children with the following disorders: Autism, Asperger, ADHA and Persuasive Developmental Disorder (PDD/PDD-NOS). Interested persons should please, sent their Application and CV to: wflaghana@gmail.com or call Ms. Philo on: 0240050758.

Appeal For Fund In Aid For Maternity Block: The Management and Staff of St. Vincent De Paul Clinic Drobonso is appealing and inviting all parishioners for your support in any form to provide a befitting Maternity Block for mothers and their babies. The Climax of the Jubilee Celebration is on Saturday, 25th September, 2021. Donations can be done into the Account details:

Sr Helen Akparibo(0207469333)
Name: St. Vincent Clinic, Dobonso
Account No: 1111810006105771
Bank: Kumawuman Rural Bank Limited Branch: Drobonso

Nothing is too small to contribute, be it money or building materials.

Rent Accommodation: 1. A parishioner needs a single room apartment around Bomso, Maxima, The Cabin and Sussanso. Please, call to help him/her on 0248588860.

2. A parishioner is in need of a single room accommodation to rent for occupation. Please, call and help him on: 0548991681 / 0553605278. Thank you.

3. A parishioner needs an accommodation around KNUST Campus – Emena, Apemso, Kotei, Boadi, Ayeduase, Kentinkrono, Ayigya, Maxima, Bomso, Susanso, Oduom, Gyinyase, etc. to rent. Please, call on 0545174080 to help.

Sale of Peanut Butter: Thy Grace Natural Peanut Butter has in stock unadulterated butter (groundnuts paste) ideal for soup and bread-spread. For domestic and commercial (schools, restaurants, canteens, chop bars, food joints eateries) needs, contact the following for delivery:0244158635 / 0244077147