MASS SCHEDULE

MONDAY, 05/08/2024 -7:00ам

JER. 28:1-17 / Ps. 119:29. 43, 79-80, 95, 102 / MATT. 14:13-21 (DEDICATION OF THE BASILICA OF SAINT MARY MAJOR IN ROME)

TUESDAY, 06/08/2024 -6:30AM/7:00PM

Dan. 7:9-10, 13-14 / Ps. 97:1-2. 5-6. 9 / 2 Pt. 1:16-19 / Mk. 9:2-10 (The Transfiguration of The Lord)

WEDNESDAY, 07/08/2024-6:30AM

JER. 31:1-7 / Ps. JER. 31:10 -13 / MATT. 15:21-28 (Sixtus II)

THURSDAY, 08/08/2024 -7:00рм

JER. 31:31-34 / Ps. 51:12-15, 18-19 / MATT. 16:13-23 (St. Dominic)

FRIDAY, 09/08/2024 -6:30AM

Nah. 2:1, 3: 3:1-3, 6-7 / Ps. DEUT. 32:35-36, 39, 41 / MT. 16:24-28

(TERESA BENEDICTA OF THE CROSS)

SATURDAY, 10/08/2024 -7.00_{AM}

2 Cor. 9:6-10 / Ps. 112:1-2, 5-9 / Jn. 12:24-26 (St. Lawrence)

Next Sunday August 11, 2024 - 19th Sunday in **Ordinary Time(Cycle** B)

7:00PM — VIGIL MASS

6.30AM - 1ST MASS

8.00AM - 2ND MASS

10.00AM - 3RD MASS

PLEASE ALL PARISHIONERS SHOULD TAKE NOTE

1ST READING -1 Kgs. 19:4-8

RESP. PSALM - 34:2-9

2ND READING - EPH. 4:30 - 5:2

GOSPEL - JN. 6:41-51

OUR LADY OF THE HOLY ROSARY CATHOLIC CHAPLAINCY KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY

Telephone: +233596036520

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DATE: 4TH AUGUST, 2024



UNIVERSITY POST OFFICE KUMASI, GHANA

God Gives Us The Bread of Life Through Jesus

nary Time, Year B. In the liturgical readings, we are told that the cosmetics and even plastic surgery. The condition of our soul Lord provides heavenly food for the Israelites to eat while Jesus should however be of more concern to every Christian because proclaims Himself to be the very bread of life. This mystery in- our soul affects everything else about us, even our appearance. vites us to lay aside our way of life in order to be created anew in Spiritual health is about more than being stress-free. If we were to His image. Through Christ Christians have undergone what St take an individual and satisfy all his/her material needs by provid-Paul calls a spiritual revolution and can no longer be satisfied with ing an unlimited budget for food, shelter and clothing, dissatisfacmaterial things. They need the food that comes from heaven, the tion would soon surface because we have further needs that sur-Bread of Life, which we receive at this Mass.

In the aftermath of the stunning miracle of the multiplication of the loaves and fish, the people are looking for more bread and more wonders from Jesus. They even wanted to make Him their king, and Jesus had to escape to the mountains. The people kept looking for Him and when they found Him at Capernaum, they engaged in a debate with Him. The food Jesus gave them in the desert brings to their minds the manna of Moses. They expect Jesus to perform more miracles like this. Jesus explains to them that the real giver of the manna was not Moses, but God, His Father, and that it is through Him that God will continue to feed His people. The way the people speak shows that they do not fully understand what happened and Jesus has to correct them on two points: First of all, it was not Moses who gave the "manna". It was God. Through Moses, God showed His concern for His people. Secondly, what God does is not finished, it continues in the present. God is concerned with the hunger of people even now. God's act of giving continues at this very moment as we share this Gospel. Like the people, we may be so impressed by what God did in the past for us that we forget to recognise His action in our lives right now: in the people we live with, in our colleagues at work, in our Christian community, in a good word, or a happy event. God does not act only in the past, He acts today and now.

When Jesus speaks in images, the people take His words literally and fail to understand their deeper meaning. Jesus tries to draw them to seek something deeper instead of ordinary bread to fill their stomachs. He calls it "bread from heaven", "living bread" and "the bread of eternal life". The people seem to think the Lord is speaking about an endless supply of bread like the manna given to the Israelites throughout their decades-long trek through the desert. To their astonishment, Jesus says He Himself is that "living bread", the "true bread from heaven", in His teaching and in what we will come to know as His Eucharist. Christ shows that Dear students, Jesus offers Himself to quench our every hunger He is the true bread: He is to the soul what bread is to the body. He nourishes and supports the spiritual life of believers. Bread nourishes only by the power of a living body, but Christ is Himself living bread and nourishes by His own power. Jesus is the bread that fills us, the water that quenches our thirst, the only one who can satisfy the desires of our hearts. Being the bread that came down from heaven, denotes the Divinity of Christ's Person and His Authority, as well as the Divine origin of all the good which flows to us through Him. While the people are speaking about the body, Jesus is talking about the soul.

We live in an era of massive and expensive preoccupation with body and physical appearance. It is critical to many today that they look stunning. For many of us, it is more important to look good, than to be good. Huge sums of money, time, energy and

PASTORAL TEAM

Chaplain: Rev. Fr. Dr. Anthony F. Naah – 0249999616 Assisting Priests: Rev. Fr. Dr. Victor Quagraine - 0207024221 Rev. Fr. Timothy Baghrmwin SJ — 0277154777

> CHAPLAINCY MOMO PAY: 097655 CHAPLAINCY WEBSITE: www.knustcatholic.org

Dear People of God, we celebrate the Eighteenth Sunday in Ordi- other resources are spent on diets, bodybuilding, fitness centres, face only after more basic ones are satisfied. Humans are materially insatiable. When every apparent need has been met, one realizes a need for God, a spiritual need. It is only when we encounter Christ that we become wholly satisfied. Jesus Himself is our bread, food, source of life, and satisfaction.

> Nothing material can satisfy our inborn need for God. Our souls need an ecosystem of grace in which to grow. The soul needs God just as the body needs food. Without the True God, we seek "gods" in the people and things around us only to find that they are creatures like us and invariably disappoint. Thus, Jesus in the Gospel says, "I am the bread of life. Whoever comes to Me will never be hungry, and whoever believes in Me will never be thirsty". We eat good, quality food to satisfy our physical hunger, but the spirit within us hunger for truth, righteousness, love, peace, holiness, and God. Our souls yearn for a deeper union with God. It is a deep inner spiritual hunger which only the Bread that Jesus offers can satisfy. This bread is Holy Communion and intimacy with God. In the Eucharistic celebration, Jesus gives us daily this spiritual bread for the soul, not only in the Holy Communion but also in His teaching through the Liturgy of the Word. We are blessed to share in the Bread of Angels (*Panis Angelicus*), which God offers us. Our elders say, "The grasshopper which is always near its mother eats the best food". Therefore, only those who enjoy Communion with God remain fully satisfied. St Paul admonishes us to "put away the old self" and "put on the new self" in order to enjoy Communion with God.

> Jesus has made Himself the Bread of Life to give us life. Night and day, He is available. If you really want to be satisfied, come to the Eucharist in Adoration.

> Sincerest thanks to all parishioners for your contributions toward the 2024 Pax Harvest and Thanksgiving. God richly bless you.

> and thirst in His Eucharist and Word. Know that God provides for His people. Be of good conduct throughout the examinations. Victory is assured. Good Luck with your exams. Pax!

> May Mary Our Mother, accompany us in this Month of August. Do not forget your Rosary!

> Please, remember to stay well, healthy and safe. Be not afraid to attend Mass. Observe the safety protocols. Your life is dear to us.

Have a Blessed and Joyful Week.

God bless and keep you safe.

Our Lady of the Holy Rosary, Pray for Us.

READINGS FOR THE DAY

1st Reading: : Ex 16:2-4,12-15 2nd Reading: Eph 4:17,20-24

Gospel: Jn 6:24-35



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The Holy Spirit inspires people and shows them the will of God.

CREED FACT

General Notices

Sacrament of Reconciliation: There is Confession every Saturday at 6:00pm.

Benediction: There will be Benediction today Sunday August 4, 2024 at the Chaplaincy at 7.00pm. All parishioners are encouraged to be present to pray.

Infant Baptism: There is going to be Infant Baptism on Saturday August 10, 2024 at 4:00pm. Parishioners who would want their children/ wards to be baptised should please come for instructions on Friday August 9, 2024 at the Chaplaincy at 5:00pm with their children/wards' godparents.

Public Holiday (Founder's Day) -Monday August 5, 2024: Monday, August 5, 2024 is a Public Holiday

be in the morning at 7.00am to enable many parishioners attend Mass. Please take note of this.

Sick/Aged/Homebound/Infirmed

Parishioners: We appeal to parishioners to furnish the Chaplaincy Office with the names and house addresses of sick, aged, homebound, and infirmed parishioners to enable our Catechists and Eucharistic Ministers visit and give them Communion.

Chaplaincy News Bulletin: Please, sign up to receive News Bulletin from the Chaplaincy. (0596036520)

Dues (Membership) Cards and Reg-All parishioners who do istration: not have themselves Dues Cards and all those who have not registered should see the Catechists after Mass to help you or come to the Chaplaincy Office to do so. Please take note.

Chaplaincy Momo Pay: The Chap-

(Founder's Day). As such, Mass will laincy has acquired a Merchant Sim. Parishioners are advised to make payments of Harvest Levy, Chapel Fund Contributions, etc. through the Merchant ID: 097655 to enjoy less charge.

> Collection of Baptismal Cards: The Chaplaincy Office wishes to remind parishioners (Parents and Guardians) who have their children and wards Baptismal Cards at the office to please come and pick them.

> **Harvest Committee:** Payment of 2024 Harvest Levies: The Committee is encouraging all parishioners to start paying their 2024 Harvest Levies

Committees, Groups & Societies

Marriage and Family Life Committee: Parishioners are to take note that the first and second session of the Marriage Counselling has ended. The third session will be from September 9, 2024 all at 5.00pm. All would-be couples who have registered and those yet to register should kindly take note.

Facility Management Committee: The facility management committee would be embarking on a clean up exercise at the Klaver Hall. In view of that, the committee is appealing to all groups and societies who have their instruments and other accessories that support their activities should kindly meet the committee for proper keeping in order to have a successful clean up exercise.

Knights and Ladies of Blessed Sacrament (KLBS - Mass Servers): The Knights and Ladies of Blessed Sacrament are inviting new members to join them. Meetings are held on Saturdays at the Chaplaincy at 3.00pm. interested parishioners are to take note.

Knights and Ladies of Marshall - New Members wanted: The Knights and Ladies of Marshall Council 78 KNUST are inviting new members to join. Interested persons should contact Prof. Jacob Agbenorhevi on 0208954223 or Dr. Joseph Bentil on 0241133879 for the membership application form.

Charismatic Renewal (Local): Charismatic Renewal (Local): 1. Members are being reminded of their usual Sundays Prayer Meeting at the Chaplaincy here at 5:00pm. Members are encouraged to be present and on time.

2. Life in the Spirit Seminar (L.S.S.): Groups and Societies who would like to organise Life in the Spirit Seminar (LSS) for their members should kindly contact P.E.T./Mr. Isaac Dwirah Jnr. on 0244090802.

Catholic Women Association (CWA): The Catholic Women Association is inviting new members to join them. Interested parishioners are to meet with the President after Mass.

Twi Catechism: It is announced for the information of parishioners that Twi Catechism for all the Sacraments will be on every Tuesday and Wednesday at the Chaplaincy. Time: 5.00pm to 6.00pm. Please, take note.

Health Committee: The Chaplaincy Health Committee informs parishioners of its existence and also entreat us to channel our health needs and concerns to the Committee through the contact number 0241133879 (WhatsApp Number) for consideration. These needs and concerns may help the Committee to plan its programme of activities for the year and subsequent years.

Chaplaincy Public Relations Committee: Chaplaincy Public Relations Committee would like to inform parishioners that we are live on social media. Find and connect with us on Facebook, Twitter, Instagram, LinkedIn and YouTube. You can also send us a mail on knustcatholicchaplaincy@gmail.com.

Sacred Heart of Jesus and Rosary Confraternity:

Students/ Parishioners who wish to join the confraternity should please contact Maa Joe on 0554023363 or interested members are invited to give their names to Mr. Lambert Nakpi (the Sacristan).

Legion of Mary: The Legion of Mary, Twi and English Praesidia, Virgin Most Powerful and Our Lady of Holy Rosary, meet this and every Wednesday and Thursday at 5.30pm respectively. New and old members are warmly welcome.

Sunday School (Children's Liturgy): All parents who have their children/wards at the Sunday School (Children's Liturgy) are to call on the following numbers to be added to the Sunday School (Children's Liturgy) P.T.A. WhatsApp Page: 0202629253 - Kyere Yeboah Emmanuel, 0207609053 - Bernadette Agbavor or join through the following link: https:// chat.whatsapp.com/IKd2LJdxOSm8ppy6Eup43Q

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Marriage Banns



- **1. Bismark Nartey**, son of Mr. George Nartey and Mad. Felicia Addai, born at Ahafo Hwidiem, used to reside at Buokrom Estate, now residing at Buokrom Estate and **Freda Abena Brago**, daughter of Mr. James Osei Kwasi and Mad. Dora Osei, born at Ayigya Zongo-Kumasi, used to reside at Kotei Deduako near KNUST now residing at Kotei Deduako near KNUST. (3rd AnnouncementTo be Introduced at all Masses)
- **2. Mr. Gordon Adu-Gyamfi,** son of Mr. Peter Kwasi Sarpong and Mad. Theresah Durowaa, born at Adansi-Ayaase, used to reside at New Tafo, now residing at Ayigya, Kumasi and Mad. Akua Penimaa Bosompemaa, daughter of Mr. Sikayena Ankrah and Mad. Adwoa Nsowaah, born at Adansi-Ayaase, residing at Ayigya, Kumasi (1st Announcement)

Pax Corner

- Students' Catechism Students Catechism –
 The Students' Catechism will start on Saturday,
 May 25, 2024 at Room 7 of the Dr. R.P. Baffour
 Complex at exactly 4.00pm. Students who
 would want to receive the Sacraments of Baptism, 1st Communion and Confirmation should
 be part of the Class.
- 2. <u>Pax Harvest</u>: Today, Sunday, August 4, 2024 is Pax Romana Harvest. All students and parishioners should try to participate and contribute generously to make it a success.

Youth Corner

Youth Mass comes off this and every **Thursday** at **7pm**. All Chaplaincy youth should endeavour to attend.

Funeral Announcement

<u>Funeral Invitation</u>: Mr. John Bosco Dery, a parishioner and member of the Dagaaba Union, is inviting parishioners to the funeral of his mother Mrs. Benedicta Aasokpeng Dery on Friday, August 9, 2024 at his hometown Nandon-Domangye. (Mr. John Bosco Dery to be introduced)

Sincere Thanks

- 1. Rev. Fr. Richard Antwi-Boasiako wishes to express his sincere appreciation to the Chaplain, the Assisting Priests, Parish Council, Various Groups and Societies and individual parishioners for all the love and support you extended to him, especially during his send-off ceremony. He is very grateful to you all and asks for God's blessings for you.
- 2. The widower, children and relatives of Mrs. Beatrice Nowiir are expressing their sincere thanks to the Chaplain, Parish Welfare Committee, Dagaaba Union, St. Peter's Choir, Mass Servers, Catechist, Lectors, Ushers and parishioners for your prayer and support during their bereavement. They pray for God's blessings for you.

- Sale of Books Inspirational Quotes for Living: Are you down hearted, living to find your purpose and excited about life? Look no further. Grab your copy of Books on Quotes by Prof. Marian Asantewah Nkansah to add colour and flavour to your life. Copies are at the Sales Desk for GH¢30.00.
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- **2.** <u>Mist Blower Machines</u>: A parishioner is selling Mist Blower Machines at affordable prices. It is used perfectly for plant spraying and fumigation. Interested parishioners should contact this number: 0558212546 (Maame Nyarko).
- **3.** <u>Vegetables on Sale</u>: 100% Organic (no chemical) Vegetables are available at the Sisters of St. Louis Self-Reliant Project for the needy. Enjoy healthy vegetables and support the needy. Venue: St. Louis Senior High School, behind the School Chapel. Contact: 0244784394.
- **4.** Natural Bouquet and Wreath for sale at St. Louis Senior High School. Please contact Sr. Evelyn Serwaa Adjei on 0244784394.
- **5.** <u>Honey for Sale</u>: A parishioner has some Pure Honey for sale. Contact: 0240776529.
- **6.** <u>Banana Bread</u>: Healthy Banana Bread with seeds and nuts available for sale and delivery as well. Contact 0243750444.

Luxx Laundry Services: Luxx Laundry Services is equipped with modern machines such as washing machines and dryers that are efficient and provide excellent results. They offer their partners (Management, Staff and Students) the comfort of receiving their laundry the same day of collection, free pick-up and delivery service in and around KNUST. Location: Luxx Laundry Services is located at the Second Floor of the KNUST Jubilee Mall at the Commercial Area and is open 24 hours. Contact them no: 0322067232 or 0501652923 for hassle-free laundry services. Absolute Quality every time.

Admission: 1. Catholic Technical Institute (CTI) – The Catholic Technical Institute located at Buokrom Estate is admitting fresh students both full time and part time for the following NABPTEX Programme: (a) Air-Condition and Refrigeration (b) Architectural Designing Technology (c) Auto Body Works (d) Auto Mobile Engineering (e) Building Construction Technology (f) Carpentry & Joinery (g) Catering (h) Electronic Engineering Technology (i) Fashion & Design Technology (j) Mechanical Engineering Technology (k) Plumbing & Gas Technology and (l) Welding & Metal Fabrication. Call on these numbers for help: 0209342299/

2. <u>Blessed Trinity Leadership Academy:</u> The FST Sisters of the Archdiocese of Kumasi would like to inform all Catholics (parishioners) that their school, Blessed Trinity Leadership Academy, located at Akokoamong in the Ejisu Municipality is enrolling pupils from the Creche to Basic 9 (JHS 3). They have Day and Boarding facilities and buses that convey the students in the morning to school and in the afternoon to their various destinations. Parishioners are to send their children to the school to be well trained and rooted in the Catholic faith. For further information, please contact (1) the Headmistress – Sr. Theresa Arthur on:0248149391, (2) the Assistant Head – Sir George on 0248505726, and (3) the Secretary – Madam Benedicta on 0247186619.

Job Opportunity: : **1.** A parishioner is looking for a female to work as a house help. Please interested persons should contact her on 0202027360 / 0208198270 for help.

- **2.** A vocational school leaver is needed for employment with a Food Service Company. She must live around KNUST, be pleasant and ready to work for long hours. Interested persons must call 0244759985.
- 3. Louisville Drinking Water: Louisville Drinking Water is looking for a fulltime truck and tricycle drivers to work approximately 48 hours a week, should have at least two years driving experience, required to have a Class 'C' Driver's License, excellent driving skills and must be at least 18 years old. Interested persons should send their applications and CV to the Manager, Louisville Drinking Water, situated at St. Louis Senior High School, Oduom. They also need sales girls/woman. Contact: 0204020362.
- 4. <u>Insurance Company</u>: A leading General Insurance Company seeks to recruit interested persons as Insurance Sales and Marketing Executives to help drive the Company's sales. The Job location will be Kumasi.

Job Summary: The Insurance Sales and Marketing Executive will sell Vehicle, Home and other types of non-life insurance policies.

Education and Experience: Bachelor's Degree or HND

Sales experience will be an added advantage.

Interested applicants should call 0559190821 / 0501392199.

<u>Seeking for Job</u>: A parishioner, who has the qualification of a Professional Teacher is searching for a private/government school or even individuals to teach in and around Kotei. Interested persons/institutions may contact 0206744951 or 0595421091.

- House for Rent: A Two-Bedroom apartment with bath, toilet, and kitchen at Nahiniso, closer to Kotei is ready for renting. Interested person should call 0547402059.
- A 3-bedroom flat with a borehole water facility is available for rent at Appiadu. Interested persons should contact 0243049675.

Seeking for Job: A parishioner, who has the qualification of a Professional Teacher is searching for a private/government school or even individuals to teach in and around Kotei. Interested persons/institutions may contact 0206744951 or 0595421091.

Rent Accommodation: 1. A parishioner is in need of a two-bedroom apartment around Maxima, Ayigya, Bomso, Ayeduase, Kotei, or Deduako. Please call on 0504741374 to help.

2. A parishioner is in need of a single room self-contain accommodation around Ayeduase, Kotei or any area close to KNUST. Please call on 0257891003 to help.

Accommodation/House to buy: A Male Religious Congregation in the Catholic Church is searching for accommodation/house to buy for community around KNUST and beyond. Preferably between KNUST and Santasi. Persons who can be of help should please call on this number 0596036520.

<u>House Help:</u> A parishioner is looking for a female house help between the age of 16 to 26. Interested persons should call 0207070019.

Harvest 2024 Levies	<u>GH¢</u>
Senior Members/	
Business Men & Women	-500.00
Senior Staff	-300.00
Junior Staff/House Wife	-150.00
Tertiary Students-Univ./	
Poly. /Post Sec.	-50.00
Senior High/Tech. Schools	-30.00
Junior High/Prim. /Kindergarten	- 20.00