

OUR LADY OF THE HOLY ROSARY CATHOLIC CHAPLAINCY
KWAME NKRUMAH UNIVERSITY OF SCIENCE AND TECHNOLOGY

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UNIVERSITY POST OFFICE

KUMASI, GHANA

DATE: 16TH MARCH, 2025

MASS SCHEDULE

MONDAY, 17/03/2025 – 6:30PM

Dan. 9:4b-10 / Ps. 79:8-9, 11, 13 / Lk. 6:36-38 (Patrick)

TUESDAY, 18/03/2025 -
6:30AM/6:30PM

Is. 1:10, 16-20 / Ps. 50:8-9, 16-17, 21, 23 / Mt. 23:1-12 (Cyril of Jerusalem)

WEDNESDAY, 19/03/2025 -
6:30AM

2 Sam. 7:45a, 12-14a, 16 / Ps. 89:2-5, 27, 29 / Rom. 4:13, 16-18, 22 / Mt. 1:16, 18-21, 24a (St. Joseph, Husband of The Blessed Virgin Mary)

THURSDAY, 20/03/2025 –
6:30AM

JER. 17:5-10 / Ps. 1:1-4, 6 / Lk. 16:19-31

FRIDAY, 21/03/2025 - 6:30AM

Gen. 37:3-4, 12-13a, 17b-28a / Ps. 105:16-21 / Mt. 21:33-43, 45-46

SATURDAY, 22/03/2025 -
7:00AM

Mic. 7:14-15, 18-20 / Ps. 103:1-4, 9-12 / Lk. 15:1-3, 11-32

NEXT SUNDAY, MARCH 23, 2025
– SECOND SUNDAY OF LENT
(CYCLE C): USUAL FOUR (4)
MASSES

7:00PM — VIGIL MASS

6.30AM – 1ST MASS

8:00AM – 2ND MASS

10:00AM – 3RD MASS

PLEASE ALL PARISHIONERS
SHOULD TAKE NOTE

1ST READING – Ex. 3:1-8a, 13-15

RESP. PSALM – Ps. 103:1-4, 6-8, 11

2ND READING – 1 COR. 10:1-6, 10-12

GOSPEL – Lk. 13:1-9

Divine Experience on the Mount: Listen To Christ!

Dear People of God, we celebrate the Second Sunday of Lent (C). The readings invite us to reflect on Abram's faith which is sealed with a covenant initiated by God, our light and our salvation. We are also invited to Mount Tabor, the Mountain of Transfiguration and worship. We are reminded that the Transfiguration of Jesus prefigures the transformation in glory to which we are called by our sharing in the Paschal Mystery – the suffering, dying and rising of Jesus. Like Abraham, our father in faith, we are called by God to a new homeland. We are not to rest in the material comforts of the world, but to move onwards towards the Land of Promise, where the Lord in whom we put our faith will transfigure our mortal bodies into the likeness of His glorified body.

The Gospel shows us one of the most important moments in the life of Jesus, when He came to understand His mission, and realised He will carry it out through humiliation and defeat. Jesus wants His disciples to accept the Father's plan for Him. Jesus is at prayer in the company of Peter, James and John. In this prayer experience, the disciples perceive Him in an intimate union with God in such an extraordinary way that even His face is radically changed. They see that Jesus is in the company of Moses and Elijah and understand that He stands in the tradition of Israel's messengers from God. They also hear a voice from heaven inviting them to listen to Jesus as the Beloved Son of God. They have not yet understood the importance of the event they are living. They will need time to grasp it more fully. The transfiguration of Jesus happens in a moment of deep personal prayer. St Luke stresses the importance of prayerful listening, an essential element of our Lenten observance. Like Jesus, His followers need to listen to the Scriptures (Moses and Elijah) and to God's voice speaking in the heart and in the events of the world. Only in prayer can we understand and accept Jesus' Cross and Resurrection as the way to life. Through prayer we find strength to make the personal gift of self when it is a source of great suffering. There is no shortcut to the new life Jesus gives.

The three apostles, privileged to be at the Transfiguration, had an amazing experience as Jesus' face and clothes changed, and Moses and Elijah flanked Him, and the Voice of the Father declared: "This is my beloved Son. Listen to Him". Those words of the Father are at the heart of the moment. The experience enters the deep memory of the apostles and sustains them in the difficult times ahead because these same apostles will be with Jesus in the Garden of Gethsemane. On Mount Tabor, they experienced Christ's glory which sustains them through the scandal of His passion and death. The disciples are told to listen to the words of Jesus about His suffering and passage into glory because that will be their journey as well. They too will know suffering in their lives, and the experience on the mountain will assure them of glory.

For Christians, Mount Tabor represents the mountain of encounter, worship, power and strength. On the Mount (Mass) we rise into the very presence of God. We all need the mountain of worship to help us in the valley of daily life and work. All of us need to move back and forth between the mountain and the valley of daily living. It is like breathing. We inhale Christ's power, grace, strength, and truth on the mountain of worship. Here, we are reminded that we are creatures and instruments of God and that our lives come from and will someday return to God. In the valley, on the other hand, we exhale the life and spirit of Christ to those with whom we live,

move and work. On the mountain we draw in spiritual life and vitality. In the valley we breathe out that life to others.

There is always a tendency to stress one over the other. We have Peter's desire to stay on the mountain. Jesus was there in radiant power, with Moses and Elijah: The Torah (Law) and the Prophets all came together in one place. The Torah, as we know, was given to the people that they might become a priestly and holy nation, a people set apart, in the hope that they might win the rest of the world to God. When they failed, the prophets repeatedly reminded them to repent and follow the dictates of God's law. This is the Christian mission too. However, on the mountain the problems of the world are left behind. Peter wanted to freeze the moment and hold it like a snapshot. He wished to remain there. But then there is the valley where people live, work, and navigate their struggles. Many people in the valley have no time for the mountain, but desperately need its grace, moral clarity, and spiritual power. Without the mountain of worship, we lack spiritual resources and become spiritually impotent; easily burned out and depleted with no moral compass. Without the valley, we end up with a religion of escape, or private religious experience that transforms nothing, redeems no one, and is isolated from the world. We need the mountain as well as the valley. Jesus knew both. He went to the mountain, and brought its peace, strength and grace to the valley.

The voice of the Father on the mountain is also directed to us. The Lord speaks to us in many ways: at Mass and through events of our lives. The Lord speaks to us through the failures of our lives; our difficult relationships and conflicts; our illness and those of loved ones; the tragedy of the world. Do we listen to Him? Are we willing to listen to Him when He calls us through our life experience to go another way or to endure suffering and pain as a path to deeper life and glory like His? For each one of us, the mountain of worship is the place of power and vision. There we listen to the Lord. Abraham listened and placed his trust in God, and because of this, was promised a country and numerous descendants. Christians who dare to place their trust in God, though in human eyes appear to be failures, will in reality have numerous descendants.

Dear Students, we encourage you to make the Chaplaincy environment an essential part of your life as you stay on Campus and its environs. Make the best out of your programme of study: it will surely lead you to your glorious destiny. Do not be an enemy of Christ's Cross: it leads to destruction since your god is your belly, glory in your shame, with your mind set on earthly things only. Our commonwealth is in heaven, so stand firm in the Lord. May our mountain experiences, encounter with God in the Mass, prayer and God's voice and word, grant us strength for our daily living. As the joy and crown of the Church, take good care of yourselves! Pax!

Please remember to stay well, healthy, and safe. Do not be afraid to attend Mass. Observe the safety protocols. Your life is dear to us.

Have a Blessed Week and Fruitful Lenten Season.

God bless and keep you safe.

Our Lady of the Holy Rosary, Pray for Us.

PASTORAL TEAM

Chaplain: Rev. Fr. Dr. Anthony F. Naah – 0249999616
Assisting Priests: Rev. Fr. Dr. Victor Quagraine - 0207024221
Rev. Fr. Timothy Baghrmwin SJ—0277154777

CHAPLAINCY MOMO PAY: 097655
CHAPLAINCY WEBSITE: www.knustcatholic.org

READINGS FOR THE DAY

1st Reading: Gen 15:5-12,17-18

2nd Reading: Phil 3:17-4:1

Gospel: Lk 9:28b-36



General Notices



SOUL FOOD

Life is indeed short, let's do well to live each and every day in a way worthy of being our last. Make the most out of each day, never forgetting to be the best version of yourself. Stay Safe!!!

Sacrament of Reconciliation: There is Confession every Saturday at 6:00 pm.

Notice of Sunday Announcements: All announcements to be made at Mass on Sunday should reach the Chaplaincy Office by noon on Friday. This is to aid in the proper dissemination of information. Parishioners are to take note kindly.

Stations of the Cross: Parishioners should take note that there will be Stations of the Cross this and every Friday of the period of Lent at 1:00 pm and 7:00 pm. We should all avail ourselves to journey with the Lord throughout the period.

Lenten Prayer Session: The Chaplaincy is organizing an hour of prayer session during this year's Lenten Season, with the theme "My Year of Jubilee". We will be meeting from Monday to Friday at 6:00 pm at the chapel. The prayer sessions will end on April 16, 2025, with a Penitential Vigil Service. We invite everyone to join us as we come together in prayer and reflection.

Faith Rally! Faith Rally!!: The Catholic Archdiocese of Kumasi is holding a three-day Faith Rally from Wednesday, March

26, to Friday, March 28, 2025. The theme is: "Working for Your Divine Inheritance" (Col. 3:23-24). It will start from 5.30pm to 8.30pm each day. The venue is the Forecourt of the St. Peter's Cathedral Basilica – Roman Hill, Kumasi. All parishioners are encouraged to be part of this spiritual program.

Sick/Aged/Homebound/Infirmed Parishioners: We appeal to parishioners to furnish the Chaplaincy Office with the names and home addresses of sick, aged, homebound, and infirmed parishioners to enable our Catechists and Eucharistic Ministers to visit and give them Communion.

Dues (Membership) Cards and Registration: All parishioners who do not have Dues Cards and all those who have not registered should see the Catechists after Mass or come to the Chaplaincy Office Monday to Friday from 8:00 am to 4 pm to register. Please take note.

Chaplaincy News Bulletin: Please sign up to receive the News Bulletin from the Chaplaincy. (0596036520).

Chaplaincy Momo Pay: 1. The Chaplaincy has acquired a Merchant Sim. Parishioners are advised to make payments and contri-

butions through the Merchant ID: 097655 to enjoy fewer charges.

2. The Chaplaincy Office is pleading with parishioners who make payments and contributions through the Chaplaincy Momo Pay to please state the purpose of the payment made as the 'reference' but not your names. This will help the office a lot. Please take note.

Collection of Baptismal Cards: The Chaplaincy Office wishes to remind parishioners (Parents and Guardians) who have their children and wards Baptismal Cards at the office to please come and pick them on Monday to Friday from 8:00 am to 4:00 pm.

Security Consciousness: Parishioners are being informed to be security conscious when we come to church. Groups/Societies should try to educate their members to be alert but not to create any fear in them. We encourage all parishioners to alert the Ushers of any unwanted behaviour. "Say something when you see something"

Use of Washrooms: We entreat parishioners, both children and adults, to put the washrooms to order and clean after use in order not to inconvenience the next user.

Committees, Groups & Societies

Marriage and Family Life Committee: Registration is still ongoing for parishioners who intend to have their Holy Matrimony at the Chaplaincy this year (2025) and in January 2026. You may register with the Marriage and Family Life Committee in front of the Chapel after Mass or at the Chaplaincy Office on Monday to Friday from 8:00 am to 4:00 pm.

Harvest Committee - 2024: 1. **Payment of 2024 Harvest Levies:** All parishioners who have not yet paid their Harvest Levies are encouraged to do so as below:

Harvest 2024 Levies	GH¢
Senior Members/Business Men & Women	-500.00
Senior Staff	-300.00
Junior Staff/House Wife	-150.00
Tertiary Students-Univ./Poly. /Post Sec.	- 50.00
Senior High/Tech. Schools	- 30.00
Junior High/Prim. /Kindergarten	- 20.00

Twi Catechism: The Twi Catechism Class takes place on Tuesdays at 5:00 pm and Wednesdays at 6:00 pm. Parishioners who would want to receive the Sacraments of Baptism, 1st Communion and Confirmation should take note and be part of the classes.

Knights and Ladies of the Blessed Sacrament (KLBS – Mass Servers): The Knights and Ladies of the Blessed Sacrament are

inviting new members to join them. Meetings are held on Saturdays at the Chaplaincy at 3.00 pm. Interested parishioners are to take note.

2. **Life in the Spirit Seminar (L.S.S.):** Groups and Societies who would like to organise Life in the Spirit Seminar (LSS) for their members should kindly contact P.E.T./Mr. Isaac Dwirah Jnr. on 0244090802.

Catholic Women Association (CWA): The Catholic Women Association is inviting new members to join them. Interested parishioners are to meet with the President after Mass.

Health Committee: The Chaplaincy Health Committee informs parishioners of its existence and also entreats us to channel our health needs and concerns to the Committee through the contact number 0241133879 (WhatsApp Number) for consideration. These needs and concerns may help the Committee to plan its programme of activities for the year and subsequent years. The Committee needs new members with a medical background.

Chaplaincy Public Relations Committee: The Chaplaincy Public Relations Committee would like to inform parishioners that we are live on

social media. Find and connect with us on Facebook, Twitter, Instagram, LinkedIn and YouTube. You can also send us an email on knustcatholicchaplaincy@gmail.com.

Sacred Heart of Jesus and Rosary Confraternity: Parishioners and Freshers (Students) who wish to join the Confraternity should please contact Maa Joe on 0554023363 or give their names to Mr. Lambert Nakpi (the Sacristan).

Legion of Mary: The Legion of Mary, Twi and English Praesidia, Virgin Most Powerful and Our Lady of Holy Rosary, meet this and every Wednesday and Thursday at 5.30 pm respectively. New and old members are warmly welcomed.

Sunday School (Children's Liturgy): All parents who have their children/wards at the Sunday School (Children's Liturgy) are to call on the following numbers to be added to the Sunday School (Children's Liturgy) P.T.A. WhatsApp Page: 0202629253 – Kyere Yeboah Emmanuel, 0207609053 – Bernadette Agbavor or join through the following link: <https://chat.whatsapp.com/!Kd2LdxOSm8ppy6Eup43Q>.

Pax Corner

1. **Students' Mass** – This and every Tuesday at 6.30pm.
2. **Students' Catechism**: Students Catechism is this and every Saturday at Room 7 of the Dr. R.P. Baffour Complex at exactly 4.00pm. Students who would want to receive the Sacraments of Baptism, 1st Communion and Confirmation should be part of the class.
3. **Growth in the Spirit Seminar (G.S.S.)**: This is a series of spirit-filled seminars one takes after going through the Life in the Spirit Seminar (LSS). This year, GSS comes off on the 15th of March, 2025, at 5:00 pm at the Sarpong Hall, and will be handled by the Parish Evangelisation Team (PET). We are all encouraged to register and grow in the spirit together. To register and for more information, contact Enyonam Agatha on 0555613610 and Ephraim Malsum Sa-ambo on 0557193202.
4. **Sacred Heart Confraternity**: The Sacred Heart Confraternity of Pax Romana is calling all students who are members of the Confraternity or the League of Tarsisians to be part of the Society. Interested members are also welcome. Contact 0200154345 or 0558687744 for more information or clarifications.

Sale of Books: 1. Inspirational Quotes for

Living: Are you downhearted, living to find your purpose and excited about life? Look no further. Grab your copy of Books on Quotes by Prof. Marian Asantewah Nkansah to add colour and flavour to your life. Copies are at the Sales Desk for GH¢30.00.

2. Meye Catholic Asoreba: Meye Catholic Asoreba is a Catholic Group that proclaims and promotes the Catholic Faith through prayers, songs and Catechists. Please follow them on their social media handles @ meyecatholicasoreba on YouTube, TikTok, Instagram, and Facebook. There are pen drives copies of all the Rosary Prayers in Twi, which goes for cool Fifty Ghana Cedis (GH¢50.00). You can contact Francis on 0555892348 for your copy.

3. Vegetables on Sale: 100% Organic (no chemicals) Vegetables are available at the Sisters of St. Louis Self-Reliant Project for the needy. Enjoy healthy vegetables and support the needy. Venue: St. Louis Senior High School, behind the School Chapel. Contact Sr. Joyce Eyiah, SSL, on 0204020362/ 0244804779.

4. Natural Bouquet and Wreath for sale at St. Louis Senior High School. Please contact Sr. Evelyn Serwaa Adjei on 0244784394.

5. Honey for Sale: A parishioner has some Pure Honey for sale. Contact: 0240776529.

6. Banana Bread: Healthy Banana Bread with seeds and nuts available for sale and delivery as well. Contact – 0243750444.

7. Power Energy Bulbs for Sale: For your durable, bright and strong 7watts, 9watts, 12watts, 15watts, 20watts, and 30watts energy bulbs, please call 0534637114.

Luxx Laundry Services: Luxx Laundry Services is equipped with modern machines such as washing machines and dryers, that are efficient and provide excellent results. They offer their partners (Management, Staff and Students) the comfort of receiving their laundry the same day of collection, free pick-up and delivery service in and around KNUST. Location: Luxx Laundry Services is located on the Second Floor of the KNUST Jubilee Mall at the Commercial Area and is open 24 hours. Contact them on 0322067232 or 0501652923 for hassle-free laundry services. Absolute Quality every time.

Admission: 1. Catholic Technical Institute (CTI)

– The Catholic Technical Institute located at Buokrom Estate is admitting fresh students both full time and part time for the following NABPTEx Programme: (a) Air-Condition and Refrigeration (b) Architectural Designing Technology (c) Auto Body Works (d) Auto Mobile Engineering (e) Building Construction Technology (f) Carpentry & Joinery (g) Catering (h) Electronic Engineering Technology (i) Fashion & Design Technology (j) Mechanical Engineering Technology (k) Plumbing & Gas Technology and (l) Welding & Metal Fabrication. Call these numbers for help:

0209342299/ 0322070702 / 0245024615 / 0244051857.

2. Blessed Trinity Leadership Academy: The FST Sisters of the Archdiocese of Kumasi would like to inform all Catholics (parishioners) that their school, Blessed Trinity Leadership Academy, located at Akokoamong in the Ejisu Municipality, is enrolling pupils from the Creche to Basic 9 (JHS 3). They have Day and Boarding facilities and buses that convey the students in the morning to school and in the afternoon to their various destinations. Parishioners are to send their children to the school to be well trained and rooted in the Catholic faith. For further information, please contact (1) the Headmistress, Sr. Theresa Arthur on:0248149391, (2) the Assistant Head – Sir George on 0248505726, and (3) the Secretary – Madam Benedicta on 0247186619.

3. FST Jubilee Creche (Martyrs of Uganda School, Santasi Kumasi): FST Jubilee Creche, Martyrs of Uganda, is an Educational Institution under the Catholic Archdiocese of Kumasi and is led by the FST Sisters. The school is located at Odeneho-Kwadaso and shares boarders with Opoku-Ware S.H.S. They operate with pupils between one (1) and six (6) years from Creche to Kindergarten two (2). They promote quality education built on Catholic Teachings and are known for their discipline and academic excellence in a loving and caring environment. Parishioners are being informed that the 2024/2025 Academic Year Admission is in progress, and the admission forms goes for Sixty Ghana Cedis (GH¢60.00). You are encouraged to bring your children/wards to access the holistic formation they deserve.

Job Opportunity: 1. St. Gregory the Great Provincial Major Seminary at Parkoso is seeking a reliable and experienced Driver who is a faithful Catholic and can drive a Pick-up and a Bus to work with. Requirements: Valid driver's license, number of years of driving experience, clean driving record, and ability to lift to weight. Interested persons should please submit their applications, including your resume and a cover letter to the Acting Rector, St. Gregory the Great Provincial Major Seminary, Parkoso. Contact – 0232039881 / 0505093173.

2. Groundsman (Labourer)/Caretaker needed: Good Shepherd Roman Catholic Preparatory School, located at Ahinsan Estate, needs a Groundsman (Labourer)/Caretaker. Interested persons should contact the school on 0244071855.

3. Insurance Company: A Leading General Insurance Company seeks to recruit interested persons as Insurance Sales and Marketing Executives to help drive the Company's sales. The Job location will be Kumasi.

Job Summary: The Insurance Sales and Marketing Executive will sell Vehicle, Home and other types of non-life insurance policies.

Education and Experience: Bachelor's Degree or HND.

Sales experience will be an added advantage.

Interested applicants should call 0559190821 / 0501392199.

4. A Vocational school leaver is needed for employment with a Food Service Company. She must live around KNUST, be pleasant and be ready to work for long hours. Interested persons must call 0244759985.

Furniture Works: For all kinds of furniture, please contact Michael Kusi Appiah (a.k.a. Baawezzy) on 0594245996 at Oforikrom, opposite KMA Office.

Plumbing Works: For your neat and affordable Plumbing Works, please contact Delali, who is an expert in filling, poly tank cleaning, wall paper installation, etc. on 0558487106 or 0247500351 at Tech/Ayigya.

Seeking for Job: 1. A parishioner (a graduate) from Kumasi Technical University is looking for an Administrative or a secretarial job. Please call on 0244223777 / 0557806659 for any vacant position.

2. A parishioner who has the qualification of a Professional Teacher is searching for a private/government school or even individuals to teach in and around Kotei. Interested persons/institutions may contact 0206744951 or 0595421091.

House for Rent: 1. A 3-bedroom flat with a borehole water facility is available for rent at Appiadu. Interested persons should contact 0243049675.

2. A two-bedroom unit is available for rent at Fumesua, near Noda Hotel. Interested person should call this number 0277712314 or the Chaplaincy Office line for help.

Rent Accommodation: 1. A parishioner needs a two-bedroom apartment around Maxima, Ayigya, Bomso, Ayeduase, Kotei, or Deduako. Please call 0504741374 to help.

2. A parishioners needs a single room self-contained accommodation around Ayeduase, Kotei or any area close to KNUST. Please call on 0257891003 to help.

Accommodation/House to buy: A Male Religious Congregation in the Catholic Church is searching for accommodation/house to buy for the community around KNUST and beyond. Preferably between KNUST and Santasi. Persons who can be of help should please call on this number 0596036520.

House Help: 1. A parishioner is looking for a female house help between the ages of 16 to 26. Interested persons should call 0207070019.

2. A parishioner needs a housekeeper to work in Accra. Preferred female, at least 18 years, SHS or JHS Graduates. Call 0208168663.

3. A Security Man needed in Accra for a household. It's a live-in position with attractive wages and conditions. Call 0208168663.

Lifestyle Management Services: Lifestyle Management Services offers help to families, companies and professionals to manage their personal and professional lives more effectively. Interested parishioners should contact: WhatsApp & Call: 027-2608401 – Maryjane for the following:

- Travel Consultancy
- Event Organisation
- Restaurant Reservations
- Real Estate in Dubai (Investing) and
- Corporate Travels & Dinners for Companies